



**METANOIA
SUCCESS**
LEARN GROW INSPIRE



**UK CPD
ACCREDITED**

TRAIN THE TRAINER

ENLIGHT ENGAGE EMPOWER

BECOME THE TRAINER WHO IMPACTS LIVES

Walk in as a Trainee, walk out as a Trainer



10, 11 & 12
JUNE 2026



KARACHI,
PAKISTAN



FACE 2 FACE
TRAINING



UK CPD
ACCREDITED



INTERNATIONALLY
RECOGNIZED COURSE



A TRANSFORMATIONAL EXPERIENCE

Develop the skills needed to deliver effective trainings, engage learners, and inspire action. Gain practical strategies, proven techniques, and the confidence to create meaningful learning experiences that drive results and create lasting impact.



RESERVE YOUR SEAT TODAY



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**INTERNATIONALLY
RECOGNIZED COURSE**

LEARN TO PERFORM LEAD TO GROW

01



LEARN

- ✓ Understand training foundations
- ✓ Learn adult learning principles
- ✓ Explore instructional design and modern training tools

02



PERFORM

- ✓ Practice facilitation and presentation skills
- ✓ Build confidence in delivery
- ✓ Apply hands on training techniques

03



LEAD

- ✓ Influence learners with confidence
- ✓ Guide discussions and participations.
- ✓ Create meaningful learning ecology.

04



GROW

- ✓ Develop a trainer mindset
- ✓ Strengthen professional credibility
- ✓ Open new career opportunities



**LAUNCH YOUR
TRAINING JOURNEY
WITH US TODAY**



WHO SHOULD ATTEND



Aspiring
trainers



Internal
company
trainers



Learning and
development
professionals



Supervisors
and team
leaders



HR & QHSE
professionals



Subject matter
experts

1



COURSE OVERVIEW

Train the Trainer is a practical professional development course designed to help participants become confident, effective, and influential trainers.

The course combines proven theory with hands on practice to equip participants with the skills, tools, and techniques needed for successful delivery of effective trainings.

2



COURSE DETAILS



DURATION
3 Days



MODE
Face 2 Face



DATES
10, 11 & 12
June 2026



LOCATION
Karachi,
Pakistan



PROVIDER
MetaNoia
Success Training



ACCREDITATION
UK CPD
Accredited

3



WHAT PARTICIPANTS WILL LEARN

- Principles of training and development
- Understanding trainer, coach, mentor, and influencer
- Adult learning model
- Cognitive learning
- ADDIE Model
- Skills inventory and DACUM
- Developing training and presentations
- Contemporary training trends and tools
- Delivering online training and courses

4



KEY BENEFITS

- ✓ Build confidence as a trainer
- ✓ Learn to design and develop effective trainings
- ✓ Learn to apply ADDIE Model
- ✓ Improve delivery and facilitation skills
- ✓ Understand how to engage learners
- ✓ Gain practical tools for evaluating training effectiveness
- ✓ Develop the ability to train with impact



RESERVE YOUR SEAT TODAY



COURSE STRUCTURE



PHASE 1

FOUNDATIONS OF TRAINING

- ✓ Introduction to Training and Development
- ✓ Adult Learning Model
- ✓ Cognitive Learning
- ✓ Cognitive Learning in Neurosciences
- ✓ Training as a Process, Program, and System



PHASE 2

DESIGNING AND PLANNING EFFECTIVE TRAINING

- ✓ Training Needs Analysis
- ✓ Skills Inventory and DACUM
- ✓ Training Needs Instruments
- ✓ ADDIE Model
- ✓ Training Design and Presentation Planning



PHASE 3

DELIVERY AND IMPLEMENTATION

- ✓ Training Techniques
- ✓ Training Methods
- ✓ Workshop Activities
- ✓ Facilitation Skills
- ✓ Training, coaching, and mentoring



PHASE 4

EVALUATION, TRENDS, AND MOTIVATION

- ✓ Training Evaluation
- ✓ Kirkpatrick Model and ROI
- ✓ Training Trends
- ✓ Motivational and Closing Concepts
- ✓ Action Planning

3 DAY PRACTICAL TRAINING JOURNEY

DAY 1



Learning Core Concepts

DAY 2



Design and Develop Your Training

DAY 3



Deliver and Demonstrate as a Trainer. Evaluation of Training

“ WALK IN AS A TRAINEE. WALK OUT AS A TRAINER. ”



RESERVE YOUR SEAT TODAY

MULTIPLE CERTIFICATE PROGRAM

CERTIFICATION HIGHLIGHTS

Participants will receive the following:



CPD UK Accredited Certificate

Globally recognized CPD certificate accredited by The CPD Certification Service, UK, adding international recognition and professional credibility.



MetaNoia Success Training Recognition

Official recognition issued by MetaNoia Success Training UAE, acknowledging successful participation and completion of this professional training program.



Complimentary PSQM Membership Recognition

One year complimentary membership recognition from Pakistan Society for Quality Management, offering added professional value and stronger industry connection.

GET COMPLIMENTARY **PSQM MEMBERSHIP** WORTH 45,000 PKR

TRAINING FACILITATOR

Dr. ShafiqZee

Fellow CILT (UK), CMQ&OE (ASQ),
Senior Member of ASQ (USA),
IATA, EASA, FAA Trainer.



Certified International Coach



25+ Years of Experience



Internationally Recognized Trainer

OUR TRAINERS HAVE WORKED WITH

 INTERNATIONAL	IBM	Bosch	Ericsson	DHL	Unilever
 PAKISTAN	PIA	HBL	Engro	Pakistan State Oil	



TRUSTED PROFESSIONAL TRAINING EXPERIENCE





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GET IN TOUCH

LIMITED SEATS AVAILABLE

Become the trainer who impacts lives



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MetaNoia Success



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Reviews



5 Star Rating



This program gave me the confidence and practical tools to deliver training more effectively. The sessions were engaging, structured, and immediately useful in my professional work.



Muhammad Ali Khan, Karachi



RESERVE YOUR OPPORTUNITY NOW